

Guided

Road Bike tour



Tour Details 2020

Dates: December 8, 15, 29, 2019
January 12, 19
February 23
March 8
July 19

Cost: US\$ 2300 per person

Single Supplement: US\$ 550

Bike Rental: US\$ 295 Standard bike
US\$ 400 Carbon bike

Length: 10 days / 9 nights

Grade: Challenging w/ Hilly stages

Starts: Bangkok

Ends: Phuket

Thailand



Bangkok to Phuket

Thailand is one of the largest and most varied countries in South East Asia, stretching 1500 km from north to south, and at its widest 850 km from east to west. Most people know of its beaches and nightlife, but far fewer know about its rich culture and varied scenery. Thailand is a land of palaces and temples, of ruined cities, colorful markets and friendly and hospitable people. This route has some of the best coastal scenery available in Thailand. Enjoy the sights and sounds of endless beaches.

This tour takes in the western coastline of the country. It's a scenic and awe-inspiring adventure with seemingly endless beach views. You'll ride through quaint little villages and rest in world-class resort areas prominent for their natural attractions and beauty. Most roads are flat and fast with only a few areas of climbing or hills.

Explore the culture along the coasts and beaches. Local residents are relaxed and friendly as they are used to the slow pace of living near the beaches. It is a decidedly slower way of life in dire contrast to the hustle and buzz of life in Bangkok. You'll be able to take in some spectacular coastline scenery, be surrounded by statuesque peaks, and wiggle your toes in Thailand's soft and warm sand. The tour has a great variety of riding.



Fast Facts

- Most meals and sightseeing tours as mentioned
- Lovely accommodations throughout the journey hand-picked for charm and personality
- Air-conditioned van support
- Professional guide services

E-Bike Info:

- E-bike rental: US\$ 575
- Limited supplies available, reservations upon booking recommended
- Giant Explore E+ 3 models



Day 1 Bangkok to Petchaburi to Hua Hin**65 km****↑194m, ↓194m**

We meet at a Bangkok hotel before we transfer down to the starting point in Petchaburi (approx. 2 hours). This ride is a gentle start to the trip as we head out of Petchaburi and into the rural Thailand complete with paddy fields fringed by palm trees. We will ride along the beach into Cha-am and then onto Hua Hin. **L,D**

**Day 2 Hua Hin to Prachuap Khiri Khan****115 km****↑584m, ↓579m**

We head out of Hua Hin, towards Sam Roi Yot (300 hundred peaks) National Park. This park has spectacular limestone formations similar to Krabi. We ride on quiet back roads alongside beaches with many of the 300 peaks in the background. After the park, we have a short ride on the main road for about 20km before heading back to the coast passing many small villages on the way. The final section is along the beach to Prachuap Khiri Khan. The selected hotel has some great views. The town is well known for having some of the finest seafood in Thailand. **B,L,D**

**Day 3 Prachuap Khiri Khan – Ban Krut****71 km****↑300m, ↓3441m**

We leave the hotel and ride along the beach front and side roads for about 12km before hitting the main road. This section is 45km with the option to transfer if required. We then head inland past some of the most stunning beaches in Thailand. We are now well away from the main tourist areas and the roads are quiet and in good condition. Our overnight stay is on one of the prettiest beaches you will see with soft sand, palm trees, and hammocks to relax in after a fantastic ride. We might even have the beach to ourselves. **B,L,D**

**Day 4 Ban Krut. Rest Day**

This is a rest day you've earned it. Spend it relaxing at the beach or hotel pool all day. **B**

Day 5 Ban Krut to Chumpon**118 km****↑693m, ↓693m**

We will come across very little traffic, and the roads are all in excellent condition. We stay pretty much riding along the coast today as we pass through several other beach resorts. The whole day we have views of the sea to the left and the mountains to the right. This is a classic ride. We end the ride just north of Chumpon, at another secluded and quiet beach. **B,L,D**

**Day 6 Chumpon to Ranong****139 km****↑1407m, ↓981m**

We ride over to the west coast today and after about 60 km, we start to head south. You'll notice a marked change in the scenery as we leave the beach side and head into the lush jungle clad mountains that surround this area. We pass alongside the Isthmus of Kra, and at many points along the way, we are only separated from Burma by this stretch of water. The road twists and turns, has some undulations and makes for some great varied riding. There is a climb of about 3km starting at the Pun Ya Ban waterfall flat all the way to Ranong. This is a spa town and the hotel has a hot springs pool to soothe those aching muscles. **B,L,D**

**Day 7 Ranong to Khuraburi****125 km****↑1052m, ↓981m**

We ride through valleys today so the road will undulate but nothing too serious. It's just enough to make the ride interesting. This valley has fantastic vistas at every turn. We have a climb of approx 2.5km with small hills for a good portion of this ride. The ride ends in a great little resort in amongst the jungle. **B,L,D**

Day 8 Kuraburi to Khao Lak**79 Km****↑509m, ↓580m**

We continue passing through the valleys as we head south to the very picturesque Khao Lak (one of the worst areas hit by the Tsunami but remarkable to see how quickly this area has bounced back). The ride undulates and twists and turns out of the resort. The road flattens out as we get to Takua Pa, which is a Sino Portuguese settlement. There is a small climb to our hotel which is right on the beach and set next to a small national park. We arrive early to the hotel so you can spend time in the amazing pool this afternoon. **B L D**

Day 9 Khao Lak to Phuket**106 km****↑741m, ↓743m**

The last leg of the tour brings us to the tropical paradise of Phuket island, Thailand's largest island. A couple of small hills to get out of the Khao Lak area and then it's flat all the way down to Phang Nga and Phuket. This road is of excellent quality and fast. Phuket is connected by a bridge to the mainland, and we can ride all the way down to our hotel on Nai Yang Beach. **B,L,D**

Day 10 End of tour

We can arrange extensions on the beach or arrange for you to be transferred back to the airport for onward flights. **B**

What to Expect

What will the weather be like?

Southern Thailand has a tropical climate with fairly high humidity. There are three seasons: from March, to June, it is hot and dry with temperatures between 27 and 35°C. Evening temperatures are in the 20s. July, to October, is Thailand's rainy season. The cooler months are from October to February. Average temperatures are between 20 and 30C.

How many hours of cycling a day?

Be prepared to be active between 5 to 7 hours daily, everything will be at a moderate/intermediate level. This is a fully supported tour, so you will be able to opt out of an activity if you like. This is primarily on quiet back roads, and cycling experience would be useful.

Safety:

Wearing a helmet is required on this biking adventure and is non-negotiable. If you do not wear a helmet you will not be allowed to cycle.

How fit do I need to be?

The total distance is 850 kilometres in eight riding days. Some of the distances are quite long, but the roads are smooth with undulating hills making it an achievable distance on a road bike.

What are the hotels like?

We use a wide mixture of accommodations. Hotels and guesthouses are of tourist class standards with private facilities and hot water. Facilities in the village stays are obviously quite limited, but we make sure you have clean bedding, mosquito nets, and plenty to eat. We use several Thai style inns or lodges that are highly comfortable as well as being in tune with the local environment and spirit of this tour. All accommodations listed in the itinerary are included in the tour cost.



Extra Services

We have a small selection of hotels in for your arrival or departure.

Hotels in Bangkok range from \$80 per night to a deluxe 5* property at \$300 per night.

If you would like to spend a few more days in Thailand, please contact our office with your request and we will be happy to help you. We can book some beach stays in the southern part of Thailand, along with transfers.

You can also choose to extend your holiday with a short option to Cambodia, Laos or Vietnam. We also offer a variety of shorter 4-5 day options, available in several different countries. We have both cycling and hiking options, so please feel free to contact us for more information.

Getting There

- Flying into Bangkok via the east or west. From our Bangkok hotel we organize the first transfer.
- At the end of the journey, we can organize an extension for you to enjoy the beaches in this area.



How to book your holiday

- Contact our office to make sure there is space available. One of our travel planners will walk you through the entire process.
- Download the reservation form from our site and send in completed form by fax or email. Once this is done, your space is confirmed and a pre-departure packet will be sent.
- A deposit is required immediately, and final payment is due 60 days prior to the trip departure. Terms & conditions are outlined in our Reservation Form.
- Plan your air travel as soon as possible.
- We encourage you to purchase travel insurance, either through us or a travel insurance provider directly.
- Ensure you are in proper health for the trip chosen. Contact us, for more information on vaccinations, inoculations, and fitness requirements.