

Switzerland

Self-Guided

Bike tour

Active Journeys



Tour descriptions

Day 1
Arrive St Moritz

Day 2 40 km
Circular route

Day 3 35 km
To Zernez

Day 4 35 km
To Scuol

Day 5 55 km
To Reid/Prutz

Day 6 41 km
To Imst

Day 7 65 km
To Innsbruck

Day 8
Tour ends

St Moritz to Innsbruck

Explore this impressive and enchanting countryside along breathtaking bike paths that reveal the rugged charm of the region. The bike trail follows the River Inn, beneath snow-covered alpine summits to the Austrian border.

The Inn bike trail starts in St. Moritz, the playground of the "rich and famous". It meanders through breathtaking countryside as the wide, high Engadine Valley changes into the large, forested terrain of the Swiss National Park.

It is everything you could hope for in a summer holiday: nice breezy weather, stunning scenery, charming accommodations, and chocolate!

Cycle on to the Finstermünz Gorge, where both the country and scenery change. The Austrian Province of Tyrol welcomes cyclists with its warm hospitality. The tour ends in Innsbruck. There is quite simply no place in the world that compares with Innsbruck. It is the only major city in the European Alps. Innsbruck offers a combination of culture, history and nature unequalled anywhere else. This is an ideal place to end your ride!

On an independent holiday you explore the countryside at your leisure, cycling along quiet roads through changing scenery. These holidays offer all the pleasures of riding point to point. Arrive at a new destination each day, without the hassle of carrying any luggage.

Distances each day are moderate, allowing you to travel at your own pace and enjoy the countryside. Our detailed route notes and up-to-date maps, combined with the official marker posts ensure that you enjoy your holiday without the worry of finding the routes.

Tour Details

Fridays from:

May 4 to September 16

Cost: \$1995 per person

Single Room Upgrade: \$395

Length: 8 days / 7 nights

Bike/Equipment: \$175

Grade: Moderate to Intermediate

Starts: St Moritz, Switzerland

Ends: Innsbruck, Austria



Fast Facts

- This trip offers the best of cycling on quiet country roads, and bike trails
- Lovely accommodations throughout the journey hand-picked for charm and personality, breakfast included
- Luggage transfers, route notes, maps and services of local office
- GPS data available

E-Bike Info:

For those who need a boost, we have a small inventory of E-Bikes for your trip.

- E-bike rental: \$350
- Limited supplies available, so reservations recommended
- Bike by Pedelec



Itinerary

Day 1 Arrive St. Moritz

Arrive on your own in St. Moritz, where you spend your first night.

St. Moritz is one of the best known holiday resorts in the world. Chic, elegant and exclusive, with an extremely cosmopolitan air, the resort is ideally located, surrounded by the beautiful lake landscape of the Upper Engadine.



Day 2 St. Moritz 40 km

You can relax and explore this beautiful town, or you can do a circular lakeside bike ride in the surrounding area.

Day 3 St. Moritz - Zernez 35 km

Today's ride goes from St. Moritz via Samedan to La Punt, then Zuoz. See the valley of the upper Engadin, and continue your ride to Zernez, the gateway to the Swiss National Park, Switzerland's biggest nature preserve featuring a fascinating wilderness which provides a habitat for a great many Alpine flora and fauna.



Day 4 Zernez - Scuol 35 km

Today's ride from Zernez visits Lavin, which preserves the character of an old mountain village, as well as Guarda, where you can enjoy some incredible vistas. Ride through Ftan and make your way to Scuol, a delightful spa town in the mountains.

Day 5 Scuol - Ried/Prutz 55 km

From Scuol you ride to Martina at the border, then on to Pfunds. Along the river Inn you will see the Finstermünzer Gorge. The town centres of Stuben and Pfunds in Tyrol are noteworthy, and stop at Ried for your overnight.



Day 6 Ried/Prutz - Imst 41 km

The ride from Reid to Imst has many highlights including riding through the "Oberes Gericht" , via the town of Prutz, down to the castle of Landeck, the Inn Valley of the Tirol, and the Imster Gorge. You stay in Imst, a beautiful town, for the night.

Day 7 Imst - Innsbruck 65 km

On your last day of cycling, be sure to take in the monastery in Stams, with its glorious collegiate church while following the Inn valley. Also, take the time to explore Innsbruck, a gorgeous city of Olympic fame, with the Goldenen Dacherl and many other sights. Enjoy your last night on the tour.

Day 8 Innsbruck

Tour ends after breakfast.



What to Expect

What will the weather be like?

The weather in this region is definitely unpredictable, so cooler spring and fall mornings and evening, but can get hot during the day. We tend to avoid July and August due to larger crowds.

How many hours of cycling a day?

Be prepared to be active between 4 to 6 hours daily, everything will be at a moderate level. This is not a supported tour, so you should be able to ride the minimums required each day. Keep in mind that you can opt out occasionally or take local transport en route.

How fit do I need to be?

The fitter the better, as you will enjoy the holiday more. This is a moderate trip with intermediate options. Keep in mind that like all wine regions, they tend to be hilly.

What are the hotels like?

Accommodation is on a Bed & Breakfast basis in hotels of 3-star standard. All rooms have en suite facilities. Lunches and dinners are not included in the tour cost. However, picnic materials can be readily bought on weekdays in each of the towns and villages we stay at. Packed lunches are available from the hotels if requested the evening before. In the towns there are numerous inns and cafes along the way, which serve lunches. In towns, there will be many choices for dinner.



More Useful Info

Half-Board surcharge (dinners): \$410

You can make this trip into a 2 week adventure by adding the **Romantic Road** trip which starts in Innsbruck and ends in Augsburg. This trip starts every Sunday giving you a few days to relax in Innsbruck before heading out again.

Extra hotel nights in Innsbruck from \$135

Extra hotel nights in St Moritz from \$200

Getting There

- Fly into Zurich, then take the train to St Moritz. Trains depart almost hourly.
- Tour ends in Innsbruck where there is an International airport or trains back to Zurich.



How to book your holiday

- Contact our office to make sure there is space available. One of our travel planners will walk you through the entire process.
- Download the reservation form from our site and send in completed form by fax or email. Once this is done, your space is confirmed and a pre-departure packet will be sent.
- A deposit is required immediately, and final payment is due 60 days prior to the trip departure. Terms & conditions are outlined in our Reservation Form.
- Plan your air travel as soon as possible.
- We encourage you to purchase travel insurance, either through us or a travel insurance provider directly.
- Ensure you are in proper health for the trip chosen. Contact us, for more information on vaccinations, inoculations, and fitness requirements.