

Self-guided Bike tour

Tour description

Day 1	
Arrival Salzburg	
Day 2	45 or 55 km
Trumer See / Wallersee lakes	
Day 3	50 km
To Lake Mondsee	
Day 4	50 or 80 km
To Traunsee	
Day 5	20 or 35 km
To Lake Hallstättersee	
Day 6	35 km
Bad Goisern area	
Day 7	40 or 50 km
To Lake Wolfgangsee - Salzburg	
Day 8	
End of Services	

Tour Details

Daily from April 20 to October 5

Cost: \$1795 per person

Single Supplement: \$395

Bike rental:	\$175
Length:	8 days / 7 nights
Grade:	Moderate
Starts/Ends:	Salzburg

Austria



Sound of Music Cycling Tour

What could be more enjoyable than pedalling on the bike trails along the shores of the most beautiful lakes in Austria? This cycling tour through the Salzkammergut and the Trumer Seen lake area is wonderfully suited for this. Ride your bike at a leisurely pace on well marked trails through the majestic and unspoiled countryside.

You will enjoy the scenery of the classic Sound of Music movie. Picture yourself in the quaint and charming villages. The landscape has a charm of its own, rolling green hills and sparkling waters of the ten lakes in this region.

This is a perfect way to enjoy the unique natural beauty and to have a relaxing experience by night, with all the comforts that Austria is known for.



Fast Facts

- Enjoy one week cycling through a beautiful scenic countryside with an excellent bike trail system
- Daily luggage transfers included
- Detailed route notes and maps, welcome briefing, tourist attractions and 7 day service hotline available

E-Bike Info:

For those who need a boost, we have a small inventory of E-Bikes for your trip.

- E-bike rental: \$375
- Limited supplies available, reservations recommended



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Day 1 Arrival to Salzburg

Arrive on your own to Salzburg any time of the day, preferably after lunch. There will be a welcome briefing and bike fitting. You can either take the bike to explore the town, or walk around this picturesque city on your own.

Day 2 Trumer Lakes/Lake Wallersee 45-55 km

You begin your ride along the river Salzach to Oberndorf (birthplace of “Silent Night” Christmas carol and chapel). Take in the Michaelbeuern abbey and then carry on to the Trumer Lakes.

Day 3 Lake Mondsee/Lake Attersee 50 km

Pedal your way through the nature reserve of the Egelseen Lakes to the village of Schleedorf, known for its dairy farms. Then on to Lake Irrsee. Enjoy the ride along the Attersee, a favourite spot for locals and visitors alike in the Salzkammergut region. This lake has brought inspiration to famous artists like composer Gustav Mahler and painters Gustav Klimt and Christian Ludwig Attersee. The bike trail then continues to the village of Mondsee. Visit the church, which was used as a romantic backdrop for the wedding in the musical “The Sound of Music”.

Day 4 Lake Traunsee 50-80 km

Journey by boat to Weyregg (from July 1-August 31). Afterwards bike through the Aurachtal valley to Lake Traunsee and visit Altmünster, the famous bike museum. One of the many highlights on this tour is the stop in Gmunden, a scenic village on the northern bank of the Traunsee and former imperial salt capital. Today it’s a charming area, with small cafes and shops that sell beautiful handmade ceramics.

Day 5 Lake Hallstättersee / Bad Goisern 20-35 km

You go by train from Lake Traunsee upwards to Obertraun and the Dachstein ice caves. Follow along the lake trail until you reach Hallstatt “the most beautiful lake town of the world” with its oldest salt mine. Overnight will be in Bad Goisern.

Day 6 Lake Wolfgangsee 35 km

Take the time to explore the old Imperial village of Bad Ischl, where you find traces of Emperor Franz Josef and his Empress Sissi all over the area. A “must-do” is a stop at the famous pastry shop “Zauner”. Cycle on to St. Wolfgang, Strobl, Abersee and the Zinkenbachklamm gorge and then St. Gilgen - the Mozart village on Lake Wolfgangsee.

Day 7 Salzburg 40-50 km

Short cycle tour to St. Gilgen (“Mozart Village”) in the morning. Hike to Tiefbrunnau (bike transport). Afterwards you cycle on a beautiful path downhill to Lake Hintersee and through the Strubklamm gorge into the Wiestal valley. Your ride takes you through the Glasenbachklamm gorge into the Salzkachtal valley. Before reaching Salzburg a visit to Schloss Hellbrunn is worthwhile to see the castle, park, zoo, fountains.

Day 8 Tours ends after breakfast

Salzburg! Take the rest of the day to enjoy the city of Mozart and indulge in much deserved pastries in any one of the many coffee shops in town, you certainly earned it!



What to Expect

What will the weather be like?

The daytime temperature will be warm and sunny. You can expect high 80's or 70's (high 20's C) depending on the season and cooler evenings. Sunscreen is a must during the day, as is a sweater for the cooler nights. Traditionally it does not rain, but it is recommended to bring some rain gear in case.

How many hours of cycling a day?

Be prepared to ride between 4 to 6 hours daily, much of it on flat terrain. However it is still hilly so you must be strong enough to ride up and down.

How fit do I need to be?

The fitter the better, and some cycling experience is recommended but not required. On the banks of the lakes and along the river Salzach, the routes are completely flat. In between, the terrain is mainly hilly. The route is on cycle paths and almost all the rest is through fields and on forest paths, farm roads, and quiet side roads.

What are the accommodations like?

We use wonderful hotels with twin-bedded rooms, all with private facilities. All will have a breakfast room, many with a restaurant for dinner. Some will have spa facilities or swimming pools.



Extra services

- Half-board option (7 dinners) \$350 per person
- Additional hotel nights can be booked before or after the tour or during the tour, extending your holiday.
- We have a selection of hotels in both Salzburg and Vienna.

Getting There

Fly into Munich or Salzburg and take the main train stations.

The first hotel is a 10 min. walk from station or a short taxi ride.



How to book your holiday

- Contact our office to make sure there is space available. One of our travel planners will walk you through the entire booking process.
- Download the reservation form from our website and send in completed form by fax or email. Once this is done, your space is confirmed and a pre-departure packet will be sent immediately.
- A deposit is required immediately, and final payment is due 60 days prior to departure. Terms & conditions are outlined on the back of our Reservation Form.
- Plan your air travel as soon as possible.
- We encourage you to purchase travel insurance, either through us or directly a travel insurance provider.
- Ensure that you are in proper health for the trip chosen. Contact us for more information on vaccinations, inoculations, and fitness requirements.